

Hope Cup 2025

FOR BEGINNERS AND ADULTS

INTERCLUB FIGURE SKATING COMPETITION FOR SINGLE SKATERS

Technical data

Beginners

Additional Information:

- Any skater who has not met the lower age limit (is younger) of the category, but their skills meet the technical requirements of the category can be allowed to skate in higher category.
- No skater can change from Class A to Class B and from Class B to Class C within the season in competitions listed in the Estonian Skating Union Competition Calendar.
- Any protests can be filed in accordance to the ISU Rule 123. Protest fee of 50 EUR or other convertible currency to the same value must be deposited with the Referee. The protest must be submitted to the Referee of the event in writing. In case the Referee cannot be reached, the protest can be submitted to the Competition Office. All protests must be submitted no later than 24h after the announcement of the segment results.
- Any protests can be lodged by:
 - Competitors or team leaders accredited for the competition concerned.
 - With the approval of such Competitor(s), or team leaders, members of the committee organizing the competition or any official representatives of affiliated clubs that have entered Competitor(s).
- Protests must be filed with the Referee in writing and within the stated time limit. At the same time the protest is filed 50 euro must be deposited with the Referee. In the case where the protest is successful the protest fee will be refunded, otherwise the Referee will remit it to the Organizing Committee. If the Referee is not available in person at the site or hotel, the Protest shall be sent by email to the Competition Secretariat which will forward it to the Referee concerned.
- Protest must be submitted within the published time frames:
 - against incorrect mathematical calculation may be filed until 24 hours after the Victory Ceremony of the category concerned.
 - concerning the participation of a Competitor must be filed before the competition starts. If an immediate decision cannot be reached, the Competitor is permitted to start, but the announcement of the final result and the distribution of the prizes shall be deferred until a decision has been reached.

- concerning the composition of the panel of Officials must be filed within 30 minutes of its announcement.
- any other protests must be filed immediately, thus not later than 30 minutes after the end of the Segment concerned.
- No protests against evaluations by Referees, Judges and the Technical Panel (Technical Controller, Technical Specialists) of Skaters' performances are allowed.
- Protests against results are permitted only in the case of incorrect mathematical calculation. A wrong identification of an element or of a level of difficulty, although it results in a lower or higher score is not an incorrect mathematical calculation.

Pre-Young Girls and Boys (born 2014 and younger)

Free Skating only

Duration: 2:00 min ± 10 sec

A well-balanced Free Skating program must contain:

1. maximum of four (4) jump elements:

1.1. Single Axel and double jumps are not permitted.

1.2. any jump with the same name may be executed only twice (2). 1.3. maximum two (2) jump combinations:

1.3.1. A jump combination can contain only two (2) jumps. 1.3.2. A jump sequence is not allowed.

2. maximum of two (2) spins of a different nature:

- one (1) spin combination with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).

- one (1) spin in one position with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).

3. one (1) Choreographic Sequence consisting of at least two (2) different skating movements.

Additional Information:

- The Program Components are only judged in: – Composition
- Presentation

– Skating Skills

- The Program Components are evaluated in accordance with ISU Communication No.2624 (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.
- The level of spins and step sequence cannot be higher than Base.
- Evaluation is in accordance with ISU Communication No.2623 (or any update).
- No jump with the same name can be executed more than twice including Axel type jumps.
- Time violation: 0.5 point deduction for up to every 5 seconds in excess.
- Interruption of performance will be deducted as follows:
 - more than 10 sec. up to 20 sec. – 0.5 point – more than 20 sec. up to 30 sec. – 1.0 point – more than 30 sec. up to 40 sec. – 1.5 points
- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

Pre-Young Girls and Boys (born 2012/2013)

Free Skating only

Duration: 2:00 min ± 10 sec

1. maximum of four (4) jump elements:

1.1. Single Axel (1A) and double jumps are not permitted.

1.2. any jump with the same name may be executed only twice (2). 1.3. maximum two (2) jump combinations:

1.3.1. A jump combination can contain only two (2) jumps. 1.3.2. A jump sequence is not allowed.

2. maximum of two (2) spins of a different nature:

- one (1) spin combination with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).

- one (1) spin in one position with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).

3. one (1) Choreographic Sequence consisting of at least two (2) different skating movements.

Additional Information:

- The Program Components are only judged in:

- Composition

- Presentation

- Skating Skills

- The Program Components are evaluated in accordance with ISU Communication No.2624 (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.

- The level of spins and step sequence cannot be higher than Base.

- Evaluation is in accordance with ISU Communication No.2623 (or any update).

- No jump with the same name can be executed more than twice including Axel type jumps.

- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

- Interruption of performance will be deducted as follows:

- more than 10 sec. up to 20 sec. – 0.5 point – more than 20 sec. up to 30 sec. – 1.0 point – more than 30 sec. up to 40 sec. – 1.5 points

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall.

- There will be no special factor of 1.1 for jump elements performed in the second half of the program.

- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

Young Girls and Boys (born 2010/2011)

Free Skating only

Duration: 2:30 min ± 10 sec

1. maximum of five (5) jump elements:

1.1. maximum of one (1) Axel type jump and one (1) double jump are allowed.

1.2. any jump with the same name may be executed only twice (2).

1.3. maximum two (2) jump combinations or one (1) jump combinations and one (1) jump sequence:

Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

2. minimum one (1) and maximum two (2) spins of a different nature.

3. one (1) Choreographic Sequence consisting of at least two (2) different skating movements.

Additional Information:

- The Program Components are only judged in:

- Composition

- Presentation

- Skating Skills

- The Program Components are evaluated in accordance with ISU Communication No.2624 (or any update) and have the factor of 2.0 for Boys and 1.7 for Girls.

- The level of spins and step sequence cannot be higher than Base.

- Evaluation is in accordance with ISU Communication No.2623 (or any update).

- No jump with the same name can be executed more than twice including Axel type jumps.

- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

- Interruption of performance will be deducted as follows:

– more than 10 sec. up to 20 sec. – 0.5 point – more than 20 sec. up to 30 sec. – 1.0 point – more than 30 sec. up to 40 sec. – 1.5 points

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.
- Falls: 0.5 point deduction per fall.
- There will be no special factor of 1.1 for jump elements performed in the second half of the program.
- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

Young Girls and Boys (born 2004-2009)

Free Skating only

Duration: 2:30 min ± 10 sec

1. maximum of five (5) jump elements:

1.1. maximum of one (1) Axel type jump and one (1) double jump are allowed.

1.2. any jump with the same name may be executed only twice (2).

1.3. maximum two (2) jump combinations or one (1) jump combinations and one (1) jump sequence: Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump in to the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

2. maximum of two (2) spins of a different nature:

- one (1) spin combination with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).
- one (1) spin in one position with change of foot (minimum of three (3) revolutions on each foot) or without (minimum of six (6) revolutions in total).

3. one (1) Choreographic Sequence consisting of at least two (2) different skating movements.

Additional Information:

- The Program Components are only judged in: – Composition

– Presentation

– Skating Skills

- The Program Components are evaluated in accordance with ISU Communication No.2624 (or any update)

and have the factor of 2.0 for Boys and 1.7 for Girls.

- The level of spins and step sequence cannot be higher than Base.

- Evaluation is in accordance with ISU Communication No.2623 (or any update).

- No jump with the same name can be executed more than twice including Axel type jumps.

- Time violation: 0.5 point deduction for up to every 5 seconds in excess.

- Interruption of performance will be deducted as follows:

– more than 10 sec. up to 20 sec. – 0.5 point – more than 20 sec. up to 30 sec. – 1.0 point – more than 30 sec. up to 40 sec. – 1.5 points

- Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption – 2.5 point deduction per program.

- Falls: 0.5 point deduction per fall.

- There will be no special factor of 1.1 for jump elements performed in the second half of the program.

- Warm-up time is 4 minutes and there can be up to 10 skaters in a warm-up group.

SINGLE SKATING FOR ADULT AMATEUR SKATERS

Age categories for ladies and men free skating events:

Young adults skaters born between July 1st, 1992 and June 30th, 2002, Bronze, Silver, Gold,

Masters

Class I skaters born between July 1st, 1986 and June 30th, 1996, Bronze, Silver, Gold,
Masters

Class II skaters born between July 1st, 1976 and June 30th, 1985, Bronze, Silver, Gold,

Masters

Class III skaters born between July 1st, 1966 and June 30th, 1976, Bronze, Silver, Gold,
Masters

Class IV skaters born between July 1st, 1956 and June 30th, 1965, Bronze, Silver, Gold,
Masters

Class V skaters born before June 30th, 1956, Bronze, Silver, Gold, Masters

Technical Requirements for Adult Figure Skating Competitions

[https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/
related-documents-1/33950-iafsc-technical-announcement-2024-25/file](https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/33950-iafsc-technical-announcement-2024-25/file)