

# Lõunakeskus Trophy 2023

## FOR BEGINNERS AND ADULTS

### INTERCLUB FIGURE SKATING COMPETITION FOR SINGLE SKTERS

#### Technical data

#### Beginners

##### Pre-Young Girls and Boys (born 2012 and younger)

Free program 2:00 min ± 10 sec

1. Maximum four (4) jump elements

- maximum two (2) jump combinations. **Jump sequences are not allowed**

- **a jump combination may consist of only two (2) jumps**

- **Axel and double jumps are not allowed.**

- **Any jump with the same name may be executed only twice.**

2. maximum of two (2) spins

3. One step sequence 2/3 cover of the ice (straight line, circle or serpentine)

##### Pre-Young Girls and Boys (born 2010/2011)

Free program 2:00 min ± 10 sec

1. Maximum four (4) jump elements

- maximum two (2) jump combinations. **Jump sequences are not allowed.**

- **a jump combination may consist of only two (2) jumps**

- **Axel and double jumps are not allowed.**

- **Any jump with the same name may be executed only twice.**

2. Maximum two (2) spins of different nature.
3. One step sequence 2/3 cover of the ice (straight line, circular or serpentine).

### Young Girls and Boys (born 2008/2009)

Free program 2:30 min  $\pm$  10 sec

#### 1. Maximum five (5) jump elements

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence
- jump combination may consist of two (2) jumps;

A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive a full value.**

- **Maximum one (1) Axel and one (1) double jump are allowed**
- **Any jump with the same name may be executed only twice.**

2. Maximum two (2) spins of different nature, min. four (4) revolutions.
3. One step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

### Young Girls and Boys (born 2003-2007)

Free program 2:30 min  $\pm$  10 sec

#### 1. Maximum five (5) jump elements

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence

jump combination may consist of two (2) jumps; A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. **Jumps in a jump sequence receive a full value.**

- Maximum one (1) Axel and one (1) double jump are allowed
  - Any jump with the same name may be executed only twice.
2. Maximum two (2) spins of different nature, min. four (4) revolutions.
  3. One step sequence (2/3 cover of the ice), (straight line, circular or serpentine).

### NB! Additional information

1. In all beginner's categories listed above the following Components that are judged (Comm. 2489, "Program Components" tabel)

- Composition
- Presentation
- Skating skills

The factors for the Program Components are

Boys 2.0  
Girls 1.7

2. The level of spins and step sequences cannot be higher than Level Base. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
3. Time violation - 0.5 point deduction for every 5 seconds in excess.
4. Falls - 0.5 point deduction for every fall.
5. Interruption:
  - 10 to 20 seconds - 0,5 point deduction
  - 20 to 30 seconds - 1,0 point deduction
  - 30 to 40 seconds - 1,5 points deduction

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program

6. There will NOT be a higher coefficient for jumps on the second half of the program.
7. Warm-up groups up to 10 skaters.

## SINGLE SKATING FOR ADULT AMATEUR SKATERS

Age categories for ladies and men free skating events:

Young adults skaters born between July 1st, 1993 and June 30th, 2002, Bronze, Silver, Gold,

Masters

Class I skaters born between July 1st, 1984 and June 30th, 1994, Bronze, Silver, Gold,  
Masters

Class II skaters born between July 1st, 1974 and June 30th, 1984, Bronze, Silver, Gold,  
Masters

Class III skaters born between July 1st, 1964 and June 30th, 1974, Bronze, Silver, Gold,  
Masters

Class IV skaters born between July 1st, 1954 and June 30th, 1964, Bronze, Silver, Gold,  
Masters

Class V skaters born before June 30th, 1954, Bronze, Silver, Gold, Masters

Technical Requirements for Adults, season 2022-2023 on link below

**<https://isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/28397-technical-requirements-season-2022-23/file>**