

Hope Cup 2024

FOR BEGINNERS AND ADULTS

INTERCLUB FIGURE SKATING COMPETITION FOR SINGLE SKATERS

Technical data

Beginners

ARTISTIC Kids: Girls and Boys (2010 and younger)

Free Program: 1:30 min \pm 10 sec

1. any steps and figure skating movements.
2. any jump elements.
3. any spins.

Additional Information:

- There are no scores received in Artistic Kids category. All skaters will get diploma, medal and gift.
- Warm-up time is 3 min and there can be up to 10 skaters in a warm-up group.

Pre-Young Girls and Boys (born 2013 and younger)

Free program 2:00 min \pm 10 sec

1. Maximum four (4) jump elements
 - maximum two (2) jump combinations. Jump sequences are not allowed
 - a jump combination may consist of only two (2) jumps
 - Axel and double jumps are not allowed.
 - Any jump with the same name may be executed only twice.
2. Minimum 1 (one) and maximum two (2) spins of different nature.
3. **Maximum of one (1) Choreo Sequence consisting of at least two different movements.**

Pre-Young Girls and Boys (born 2011/2012)

Free program 2:00 min \pm 10 sec

1. Maximum four (4) jump elements

- maximum two (2) jump combinations. Jump sequences are not allowed.

- a jump combination may consist of only two (2) jumps

- Axel and double jumps are not allowed.

- Any jump with the same name may be executed only twice.

2. Minimum 1 (one) and maximum two (2) spins of different nature.

3. **Maximum of one (1) Choreo Sequence consisting of at least two different movements.**

Young Girls and Boys (born 2009/2010)

Free program 2:30 min \pm 10 sec

1. Maximum five (5) jump elements

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence

- jump combination may consist of two (2) jumps;

A jump sequence consists of 2 (two) jumps, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps in a jump sequence receive a full value.

- Maximum one (1) Axel and one (1) double jump are allowed

- Any jump with the same name may be executed only twice.

2. Minimum 1 (one) and Maximum two (2) spins of different nature, min. four (4) revolutions.

3. **Maximum of one (1) Choreo Sequence consisting of at least two different movements.**

Young Girls and Boys (born 2004-2008)

Free program 2:30 min \pm 10 sec

1. Maximum five (5) jump elements

- maximum three (3) jump combinations or two (2) jump combinations and one (1) jump sequence
- jump combination may consist of two (2) jumps;
- A jump sequence consists of 2 (two) jump, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. Jumps in a jump sequence receive a full value.
- Maximum one (1) Axel and one (1) double jump are allowed
- Any jump with the same name may be executed only twice.

2. Minimum 1 (one) and Maximum two (2) spins of different nature, min. four (4) revolutions.

3. **Maximum of one (1) Choreo Sequence consisting of at least two different movements.**

NB! Additional information

1. In all beginner's categories listed above the following Components that are judged

- Composition
- Presentation
- Skating skills

The factors for the Program Components are

Boys 2.0

Girls 1.7

2. The level of spins and step sequences cannot be higher than Level Base. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

3. Any jump with the same name may be executed only twice

4. Time violation - 0.5 point deduction for every 5 seconds in excess.

5. Falls - 0.5 point deduction for every fall.

6. Interruption:

- 10 to 20 seconds - 0,5 point deduction
- 20 to 30 seconds - 1,0 point deduction
- 30 to 40 seconds - 1,5 points deduction

Interruption of the program with allowance of up to three (3) minutes to resume from the point of interruption: - 2.5 per program

7. Part of costume falls on the ice: -0.5

8. Violation of costume rules: -0.5

9. Late start: -0.5

10. There will NOT be a higher coefficient for jumps on the second half of the program.

11. Warm-up 4 min., warm-up groups up to 10 skaters.

SINGLE SKATING FOR ADULT AMATEUR SKATERS

Age categories for ladies and men free skating events:

Young adults skaters born between July 1st, 1992 and June 30th, 2002, Bronze, Silver, Gold,

Masters

Class I skaters born between July 1st, 1985 and June 30th, 1995, Bronze, Silver, Gold,
Masters

Class II skaters born between July 1st, 1975 and June 30th, 1985, Bronze, Silver, Gold,
Masters

Class III skaters born between July 1st, 1965 and June 30th, 1975, Bronze, Silver, Gold,
Masters

Class IV skaters born between July 1st, 1955 and June 30th, 1965, Bronze, Silver, Gold,
Masters

Class V skaters born before June 30th, 1955, Bronze, Silver, Gold, Masters

Technical Requirements for Adult Figure Skating Competitions

[https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/
related-documents-1/31140-technical-requirements-season-2023-24/file](https://www.isu.org/docman-documents-links/isu-files/event-documents/adult-figure-skating/related-documents-1/31140-technical-requirements-season-2023-24/file)